

DO YOU SEE ME?

Everyone has potential.

You might see...



What you might not see...

My voice

I may stay **quiet** because...

I need more time, visuals or a different way to show what I think.

I may communicate **differently** because...

pictures, choices, routines or devices help me express myself.

My strengths

See what I can do, not just the barriers...

I could be **great at different things** because...

I may be creative, practical, caring, curious, careful or detail-focused

I may be **good at...**

spotting details, helping others, solving problems, creating or following routines

My support needs

How I learn and take part best...

I may feel **excluded** when...

activities are not adapted for how I learn, communicate or take part.

I may feel **overwhelmed** because...

new people, places or expectations can be hard to process all at once.

I may **learn better** with...

clear routines, extra time, simple language, visual steps and sensory-aware spaces.

My potential

I need the right support to reach it...

I can't picture **my future** yet because...

I need real chances to explore work, adult life and independence.

I may be **happiest** in a role where I can...

help people, work hands-on, follow routines, create or be part of a team.

I have the **potential** to...

build confidence, grow my skills and be independent with the right support.

Seeing the whole learner

is the first step to helping them imagine a future that feels possible.